



Patient Information (or place patient label here)

First Name: Last Name:

DOB: DD-MM-YYYY PHN:

Phone #: Email:

Gender: ☐ Female ☐ Male ☐ Other:

Height: Weight: BMI:

Family Physician/Nurse Practitioner:

Referring Provider Information

MD/NP Name:

Practitioner ID #:

Phone: Fax:

MD/NP Signature:

Requested timeline:

☐ Routine/Non-urgent

☐ Urgent (≤2 weeks)

Indication(s) for Referral

Cardiovascular

- ☐ Hypertension
- ☐ Orthostatic BP
- ☐ Angina/chest pain
- ☐ Heart failure
- ☐ Atrial fibrillation
- ☐ CV risk assessment

Endocrine

- ☐ Perimenopause
- ☐ Menopause
- ☐ Low bone density
- ☐ Osteoporosis
- ☐ Low testosterone
- ☐ Adrenal disorder

Metabolic

- ☐ Pre-diabetes
- ☐ Diabetes
- ☐ Dyslipidemia
- ☐ Weight management
- ☐ Hypothyroidism
- ☐ Hyperthyroidism

Hematologic

- ☐ Anemia
- ☐ Polycythemia
- ☐ Iron deficiency
- ☐ Elevated Ferritin
- ☐ Abnormal CBC
- ☐ Abnormal INR/PTT

☐ Other (please explain):

Referral Request Information (Fill out below or attach H&P, medications & relevant investigations to this referral)

Reason for referral:

Clinical Question(s) to be answered:

Patient's Medical Profile:

Medication(s):

Allergies: